

Johnston County 4-H Summer Fun 2020



As of January 2020, everyone who participates in a 4-H program is required to create an online profile on 4-H online. 4-H age is determined as of January 1st. Their age as of January 1st 2020 determines their 4-H age for the year and the child must be 5 years old as of January 1, 2020 to participate. Registering for 4-H Online is **not** how you will register your child for 4-H Summer Fun. This summer we will be using a new online registration system called Eventbrite to register for 4-H Summer Fun.

4-H Online:

<https://nc.4honline.com/Login.aspx?403D4075376775636277493241453D>

4-H Summer Fun Registration: <https://www.eventbrite.com/e/96532460187>

If you have any questions, please contact the Johnston County 4-H Agent, Courtney Stanley at cnsmit23@ncsu.edu or (919) 989-5380.

2020 4-H SUMMER FUN WORKSHOPS

Johnston County Cooperative Extension Office

2736 NC Hwy 210 Smithfield, NC 27577

4-H Cooking in the Kitchen

Ages: 8-18

Date: June 9-12

Time: 9am-1pm

Location: Cooperative Extension Kitchen

Cost: \$20

Workshop limit: 12



4-H Cooking in the Kitchen: Beginner is a four-day program adapted from the Chef & The Child program started in Forsyth County. This program is for participants taking their first 4-H cooking program. Youth will learn basic food, nutrition, and culinary skills to prepare recipes they will enjoy during the workshop and be able to prepare at home. Youth will learn to prepare recipes like easy MyPlate pizza, French omelet, ice cream muffins, easy cheesy lasagna, and garlic bread.

4-H Junior Master Gardeners

Ages: 9-14

Date: June 15-19

Time: 9am-12pm

Location: Cooperative Extension Kitchen

Cost: \$30

Workshop Limit: 20

Come join us as we explore Wildlife in the Garden! We will learn, explore and create habitats for wildlife that exist all around us. We will divide our time between learning in the classroom, to creating crafts to making water habitats with recycled items. Jr. Master Gardeners will experience games and videos as well as listening to a few guest speakers.

4-H Farm to Fork

Ages: 8-18

Date: June 23-25

Time: 8:30am-1pm

Location: Cooperative Extension Kitchen

Cost: \$15

Workshop limit: 12



Do you know where your food comes from? Do you like to cook? Come learn about the food on your plate from where it began! In this week-long camp, participants will learn about agriculture from the ground up. After visiting local farms, picking fruits and vegetables, students will prepare those foods into delicious dishes.

4-H Quilting

Ages: 8-18

Youth must have prior sewing machine experience

Date: June 29- July 1

Time: 10am-3pm

Location: Cooperative Extension Kitchen

Cost: \$30

Workshop limit: 6



Have you ever looked at a quilt and thought about how beautiful & cozy they must be? This is your chance to make your very own unique quilt. We will be using sewing machines and irons. Participants will need to be here ALL three days to complete the project.

4-H Camp

Ages: 8-14

Date: July 5 -10

Location: Betsy Jeff Penn

Cost: \$440

Transportation is provided

Youth will enjoy swimming, canoeing, ropes courses, archery, crafts, environmental science studies, horseback riding as well as other fun-filled activities. Older youth will participate in team building and high ropes elements. Evening Programs consist of talent show, land/water sports, campfires, awards ceremony, and dance. This fee includes transportation, lodging and meals at camp, insurance, activities, T-Shirt, and \$15 camp store credit. Additional money will be needed for lunch on Sunday and Friday. Spaces are limited so please contact Courtney Stanley at cnsmit23@ncsu.edu if you would like to register your child.

Wacky Science

Ages: 8-18

Date: July 8-9

Time: 9am- 12pm

Location: Cooperative Extension Kitchen

Cost: \$20

Workshop limit: 15

Baking soda and vinegar certainly will always have a place in our hearts, but homemade science experiments have come a long way since the days of homemade volcanos. In this two-day workshop we will conduct several hands-on and educational science experiments and learn what makes them work and why they work.

Cloverbud Wacky Science

Ages: 5-7

Date: July 8-9

Time: 9am- 12pm

Location: Cooperative Extension Kitchen

Cost: \$20

Workshop limit: 15

Baking soda and vinegar certainly will always have a place in our hearts, but homemade science experiments have come a long way since the days of homemade volcanos. In this two-day workshop we will conduct several hands-on and educational science experiments and learn what makes them work and why they work.

4-H Homemade Gifts and Crafts

Ages: 8-18

Date: July 14

Time: 9am- 3pm

Location: Johnston County Livestock Arena

Cost: \$20

Workshop limit: 15



Would you like to personalize your holiday décor? Have you ever wondered how different decorating traditions began? Are you tired of giving gifts that may not ever be used, or do you ever just run out of time or money to go shopping? In this workshop we will learn about holiday traditions and how they began and then create our very own decorations. We will also make gifts that are sure to pamper your family and friends and show them how much you love them. These creams, scrubs, and other homemade gifts will be perfect for any occasion.

Cloverbud Homemade Gifts and Crafts

Ages: 5-7

Date: July 15

Time: 9am- 3pm

Location: Johnston County Livestock Arena

Cost: \$20

Workshop limit: 15

Would you like to personalize your holiday décor? Have you ever wondered how different decorating traditions began? Are you tired of giving gifts that may not ever be used, or do you ever just run out of time or money to go shopping? In this workshop we will learn about holiday traditions and how they began and then create our very own decorations. We will also make gifts that are sure to pamper your family and friends and show them how much you love them. These creams, scrubs, and other homemade gifts will be perfect for any occasion.

North Carolina 4-H Congress

Ages: 13-18

Date: July 18-21

Location: North Carolina State University

Cost: TBA



4-H Congress is an opportunity for teens from all over North Carolina to come together to participate in leadership and citizenship activities. This program is an excellent way to develop and exercise leadership skills through serving on committees and participate in many community service projects.

4-H Cloverbud Crafts and Sewing

Ages: 5-7

Date: July 23-24

Time: 9am-12pm

Location: Cooperative Extension Kitchen

Cost: \$30

Workshop limit: 10

In this workshop, you will have fun making crafts and learning the basics of sewing. Each participant will learn how to hand-stitch and make a kitty bag, kitty pillow and sock bunny. Sewing experience not required to participate in this workshop.

4-H Crafts and Sewing

Ages: 8-18

Date: July 23-24

Time: 1pm-4pm

Location: Cooperative Extension Kitchen

Cost: \$30

Workshop limit: 15



In this workshop, you will have fun making crafts and learning the basics of sewing. Participants will make chick pillows, stuffed sheep, and farm garlands. We will machine and hand sew. This class is perfect for beginners or those with experience!

College Tours

Dates: July 2nd- NCSU & Barton
July 16th- UNCP & Campbell
July 30th- UNCG & JCC

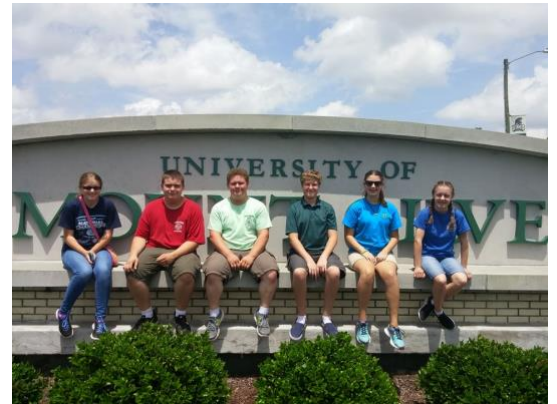
Ages: High School Students (9th-12th grade)

Time: 8:30am-4pm

Cost: \$10 per day

Workshop limit: 10

Transportation will be provided



Participants will have an information session and tour of the campuses of local Universities. Dress casual, but in compliance with the 4-H Code of Conduct and wear comfortable walking shoes and plan to be outside most of the time. Bring lunch, snacks, drinks and money for the bookstores if wanted. Estimated dates and times are listed above.